

## **Best Practices**

The project “Operation Annapoorna” launched by the NSS is an innovative programme of the NSS to serve the hungry and the needy. Once in a week, almost fifty-five lunch packets are distributed to the destitute in the nearby areas. The main aim of this programme is to instill the values of brotherhood, compassion and an attitude of service in the minds of the youth. They are given a chance to have first-hand knowledge about the difficulties faced by their fellow beings living around them. Another objective of this initiative is to educate the students about the role of food in human life. It tries to reaffirm the truth that food is equal to God and it is the noblest service to provide food for the poverty- stricken and the disabled.

Operation Annapoorna started operating in our college from August 15, 2015. From that day onwards, every Wednesday we are distributing more than 55 food packets collected from students and faculty in the college. The families of the students are indirectly participating in this noble cause. The food packets are collected from various departments and are distributed with the help of a social welfare organization “Athazhakootam”.



## **Organic Farming**

Organic farming is an integrated farming system that strives for sustainability, self-sufficiency, soil fertility and biological diversity prohibiting pesticides, anti-biotics, synthetic fertilizers, growth hormones and genetically modified organisms. Organic Agriculture is an efficient production system that sustains the health of the soil, ecosystem and people. It relies on ecological processes, bio-diversity and natural cycles pertaining to local climatic conditions. The present world is in the clutches of a variety of life style diseases like diabetes, cancer, obesity and so on. By taking all these into consideration, the NSS unit along with other students and faculty of the college decided to create an Organic farming system inside the campus.

We have cultivated different varieties of Banana, Chilly, Brinjal, Lady's Finger, Cabbage, Tomato, Spinach, Tapioca and Legumes.